

**your
PR.i.VATES**

Welcome to the Your Privates Schools Pack

ORCHID
FIGHTING MALE CANCER



PSHE Association
Quality Assured
Resource

PSHE
Association

Registered with the Charity Commission No 1080540. Company No. 3963360

www.yourprivates.org.uk



Monday Morning

My girlfriend found a swelling last night..

Is she going to get it checked?

Not on her...me..

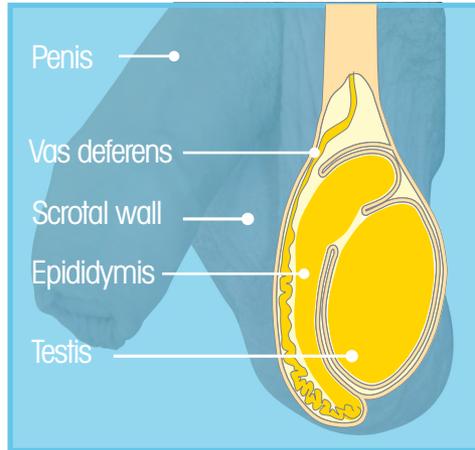
What! Where?

My bollocks!

What are you going to do

Don't know...
what should I do?

Know your testicles



**They are 2 small
oval shaped organs.**

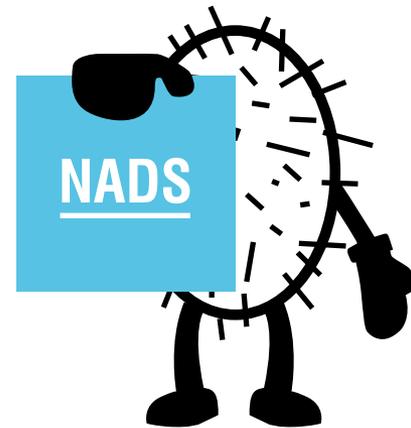
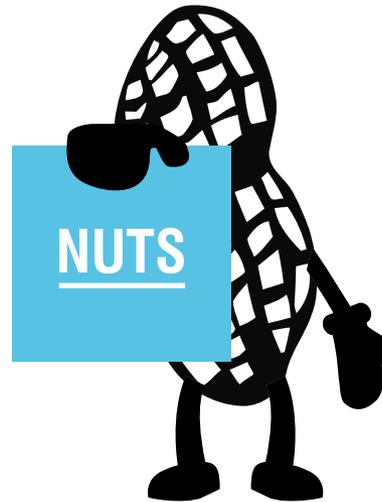
**They are the male
sex glands.**

Play Video

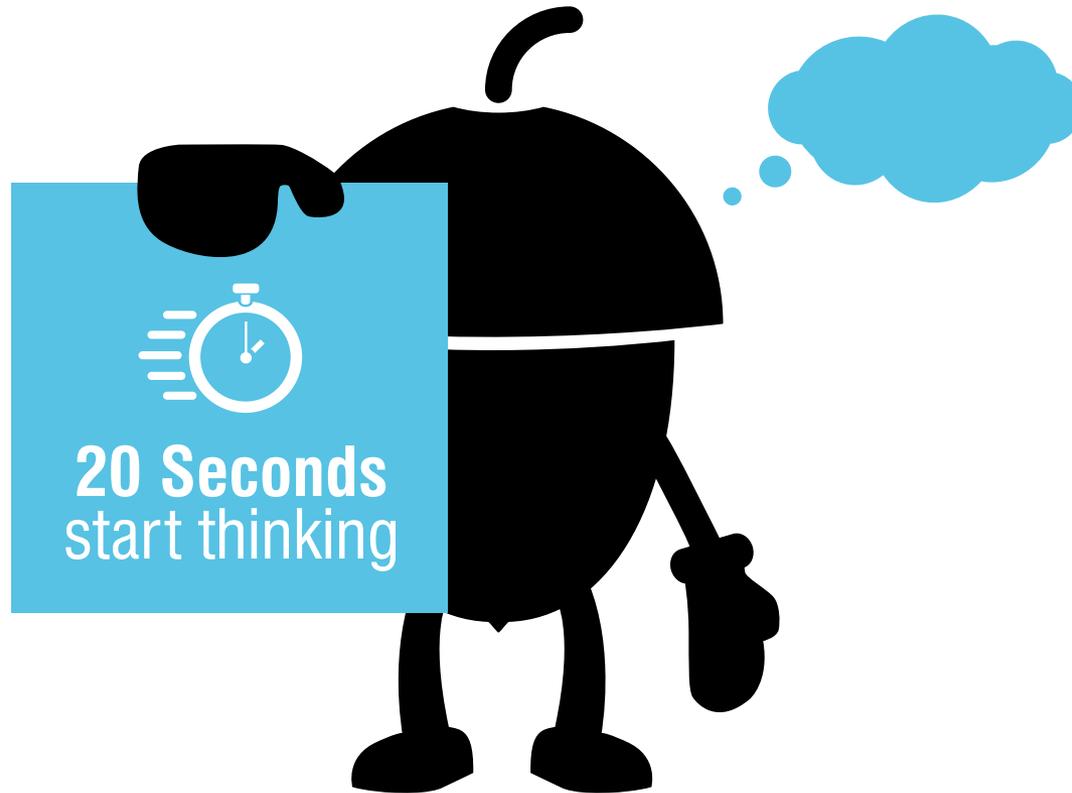


 **Listen out for
Testosterone
Hormones**

Also Known As



Know Any More?



A little later on...

What am I going to do?

You need someone to have a look at it.

I don't want anyone else looking at my balls!

What if its cancer?

I'm too young to get cancer.

Are you sure? You should see a doctor.



2200 MEN

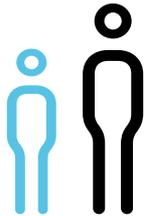
**over 2200 males are
affected by testicular
cancer every year**



Around 60

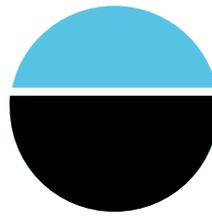
**Around 60 males
will die of testicular
cancer every year**

Why should I care?



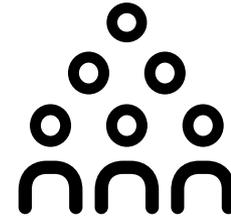
Age
15-45

is the most **common age**
for a male to be affected by
testicular cancer.



47%
UNDER 35

are **diagnosed** with testicular
cancer.

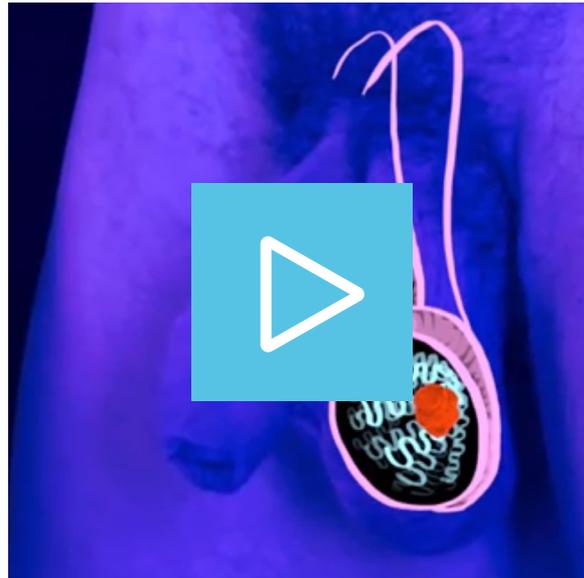


6
MEN

are diagnosed every day

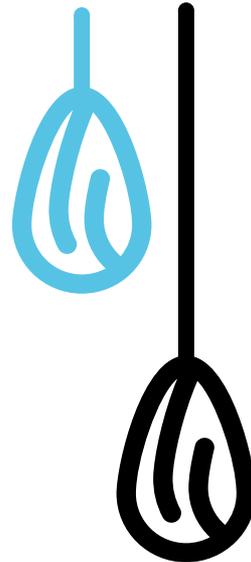
What is testicular cancer?

Play Video



The risk factors

Strong risk



Undescended testicle at birth. 5-10% of diagnosed men have a history of this.

The risk factors

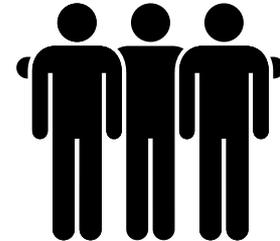
Strong risk

X4



If your **dad** had it you are **4 times** more likely to develop it.

X9



If your **brother** had it you are **9 times** more likely to develop it.

The risk factors

Possible but controversial risk



Some recent research has suggested that men who **smoke cannabis** may be more at risk of developing testicular cancer.

The risk factors

Possible but controversial risk



Repeated **knocks or trauma** to the scrotum may increase the risk.

The risk factors

Possible but controversial risk

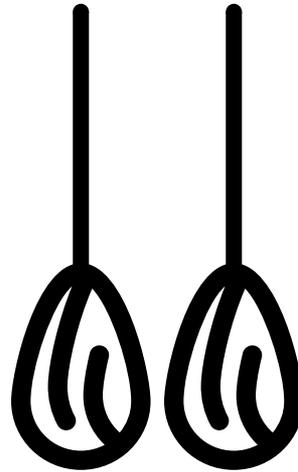


EXERCISE IS VERY IMPORTANT

A sedentary / **non active lifestyle** may increase the risk.

The risk factors

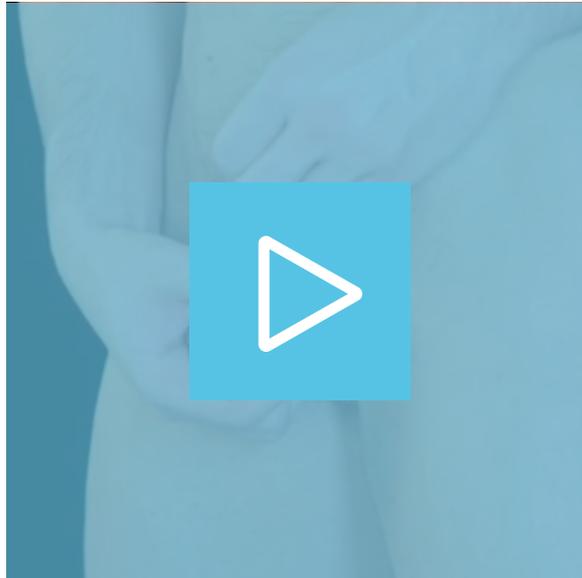
Possible risk



Men with **poorly functioning testicles** have a slightly higher incidence of testicular cancer.

Testicular Self Examination

Play Video



Signs & Symptoms?

90% 

A hard lump is felt in around **90%** of cases which is about the **size of a pea**. This will usually increase in size over time. Most of the time it is painless so you must check monthly for lumps and bumps.

You may feel

Dragging sensation \ ache Male **breast swelling** or tenderness (rare and can be part of growing up and not cancer) Enlarged lymph nodes in your back causing **unexplained back pain**.

The following Monday

What Happened mate?

I told my mum and dad.
They got me to see our
GP.

What did they do,
have a feel?

Yes and sent me for
a scan, didn't hurt..

What was it?

A bit of fluid around me
nad, quite common.

Don't keep everything private



Talk

Talking about cancer saves lives.

98%

Cure Rate

Cure rates of 98% are possible when found early.



No Affect

The removal of one of your testicles will not affect your ability to have an erection or have children providing that the other is healthy.

Remember...



TSE

Perform **Testicular Self Examination** (TSE) once a month.

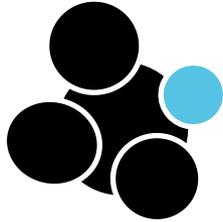


Advice

If you find something unusual get it checked out.



What's not cancer?



Don't worry...

It's very **common** for guys to get **lumps and bumps** downstairs and the majority are not cancerous.



They still need to be **checked out** though so if you feel anything or are worried visit your **GP** immediately.

Play Video



Making ballsy decisions?



Orchidectomy?

Treating testicular cancer usually requires the surgical **removal** of the cancerous **testicle**. This is called an **orchidectomy**.



Why Orchid?

The ancient **Greeks** named the testicle - **Orchis** after the flower and as life can bloom after cancer we feel **Orchid** fits the bill.

Play Video

